

## Colonoscopy SUTAB Bowel Prep

### Preparation Check List

#### Five (5) days before your colonoscopy

- Begin a low-residue diet. See the enclosed fact sheet for a guide to which food you should avoid.

#### The day before your colonoscopy

- Begin your clear liquid diet as soon as you wake up. Be sure to drink plenty of clear liquids throughout the day.

#### Between 3:00pm-4:00pm begin DOSE 1

- **Step 1:** Open the bottle of twelve (12) SUTAB tablets.
- **Step 2:** Fill the provided container with 16oz of water (to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15-20 minutes.
- **Step 3:** Approximately one (1) hour after the last tablet is ingested, fill the provided container **again** with 16 oz of water (to the fill line) of water and drink the entire container over 30 min.
- **Step 4:** Approximately 30 minutes after finishing the second container of water, fill the provided container **again** with 16 oz (to the fill line) of water and drink the entire container over 30 minutes.
- **Step 5:** Drink an **additional 16** oz of water before you begin dose 2.

#### The day of your colonoscopy

#### 5 hours before your schedule procedure time begin DOSE 2

- Open second bottle of twelve (12) SUTAB tablets, and repeat steps 1-5 above.

**Two Hours before** your schedule procedure time: **STOP DRINKING ALL FLUIDS.** You may take any usual medications with a small sip of water. If you take diabetes or take blood thinners, please follow your doctor's advice regarding any changes to your medication that may be needed