



CLENPIQ®

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

HOW TO TAKE CLENPIQ: DRINK, HYDRATE, REPEAT SPLIT-DOSE REGIMEN

Evening Before

Between 5-9 PM



Drink 5 or more 8 ounce (oz) cups of clear liquids.*
Finish liquids over the next 5 hours.

Morning of

5 hours before procedure



Drink 4 or more 8 ounce (oz) cups of clear liquids.
Finish liquids 2 hours before your colonoscopy
or as advised by your doctor.



Hydration is important and it's part of the prep.
Make sure to hydrate before, during, and after the prep.

Prep Assistant

The time of your colonoscopy is _____:_____

Complete your prep and all hydration by _____:_____

1

ON THE DAY BEFORE THE COLONOSCOPY, stop eating all solid food and dairy, and start hydrating by drinking clear liquids.



2

Evening before your colonoscopy

- Drink one bottle of CLENPIQ
- Hydrate

Drink 5 or more 8 ounce (oz) cups of clear liquid.



Start: _____:_____

Finish: _____:_____

Check off the cups as you go!

3

(5 hours before colonoscopy time)

- Drink the other bottle of CLENPIQ
- Hydrate

Drink 4 or more 8 ounce (oz) cups of clear liquid.



Start: _____:_____

Finish: _____:_____

Check off the cups as you go!

*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.
Please see reverse page for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.

INDICATION

CLENPIQ® is a prescription medicine used by adults and children 9 years and older to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).

See Important Safety Information continued on the back.



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WHAT IS CLENPIQ?

CLENPIQ is a prescription medicine that cleans your colon.
CLENPIQ is ready for you to drink right from the bottle. It does not need to be mixed or diluted.
Do not refrigerate or freeze CLENPIQ.

What's in the CLENPIQ box?



Two bottles of CLENPIQ
(5.4 oz each)



An 8 oz cup for drinking
clear liquids



The Patient Medication Guide and the
Instructions for Use for your reference

Start Hydrating

On the day before your colonoscopy, start hydrating by consuming only clear liquids and stop eating all solid foods and dairy.

Make sure to hydrate before, during, and after the prep.
Follow your doctor's instructions completely.

ACCEPTABLE CLEAR LIQUIDS FOR HYDRATING

Water	Ginger ale and other sodas
Black coffee or tea	Clear juices: such as apple or white grape juice
Clear broth or bouillon	Plain Jell-O
Sports drink	Frozen juice popsicle



LIQUIDS MUST NOT BE RED OR PURPLE. DO NOT CONSUME ANY ALCOHOL, JUICE PULP, MILK, CREAM, SOY OR NON-DAIRY CREAMER, OR OTHER LIQUIDS YOU CANNOT SEE THROUGH.

To learn more visit CLENPIQ.com

IMPORTANT SAFETY INFORMATION (CONTINUED)

- Your healthcare provider may do blood tests after you take CLENPIQ to check your blood for changes. Tell your healthcare provider right away if you have any of these symptoms resulting from a loss of too much body fluid (dehydration): vomiting, nausea, bloating, dizziness, stomach-area (abdominal) cramping, urinating less often than normal, trouble drinking clear liquids, troubles swallowing, seizures, or heart problems.
- CLENPIQ can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdominal) pain or rectal bleeding.
- The most common side effects of CLENPIQ in adults include nausea, headache, high magnesium levels in your blood, dehydration or dizziness and stomach area (abdominal) pain. The most common side effects of CLENPIQ in children 9 to 16 years of age include nausea, vomiting and stomach area (abdominal) pain. These are not all the possible side effects of CLENPIQ. Ask your doctor or pharmacist for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see accompanying full Prescribing Information, including Medication Guide.

Dear Patient,

Thank you for choosing Beth Israel Deaconess Hospital *Needham* for your
Colonoscopy.

Beth Israel Deaconess Hospital *Needham*
Outpatient Clinical Center, 3rd Floor
The Christoph and Susan Hoffmann Center for Digestive Health
148 Chestnut Street
Needham, MA 02492

Day/Date: _____

Arrival Time: _____

Cancellation Policy: If you need to cancel or reschedule your procedure, please allow at least 48 hour notice. The phone number is 781-453-7861. You may leave a message with our answering service at anytime.

Please bring your completed medication list with you to the procedure.

- Note: Because medical procedures do not always go according to schedule, there may be unexpected delays in your procedure. We thank you in advance for your understanding and patience. **PLEASE READ ALL INSTRUCTIONS TODAY!**
- Screening colonoscopy with removal of polyps is a powerful tool in preventing colorectal cancer. Insurance coverage of colonoscopic polypectomy depends on your insurance carrier and plan details. Please refer to your insurer's explanation of benefits if you have any questions regarding this matter. Coverage cannot be guaranteed by BID Hospital *Needham* or Needham Gastroenterology Associates.
- Refer to the medications listed below that need to be stopped days before your procedure.

Please **leave valuables (jewelry, money, credit cards, or electronic devices) at home** when you come in for your procedure.

Registration will contact you prior to your procedure to confirm your information. If you are unavailable, please come directly to the Digestive Health Center on the day/time of your procedure and we will confirm your information.

Internal Defibrillator and/or Pacemaker – If you have an internal defibrillator and/or pacemaker, please bring your device card or information with you on the day of the procedure.

If you are or may be pregnant, please discuss the risks and benefits of this procedure with your doctor prior to your procedure.

Medications

- **Aspirin or Aspirin Products-** stop 5 days prior to your procedure. The exception to this is for patients who have had a cardiac stent. **CARDIAC STENT PATIENTS SHOULD REMAIN ON THEIR ASPIRIN.**
- **Iron tablets- Stop iron tablets** 5 days prior to your procedure.
- **Ibuprofen, Motrin, Advil, Aleve, and other Anti-Inflammatory Medications-** Must be stopped 48 hours prior to the procedure.
- **Coumadin, Lovenox, Aggrenox, Pradaxa, Xarelto, or Eliquis** or any other blood thinning medications: call your prescribing physician for instructions.
- For patients who have a **cardiac stent** and are taking **Plavix**, please contact your cardiologist for instructions.
- **Diabetics:**
 - If you are taking an **oral diabetic medication**, please **do not** take your dose the **evening before** your procedure and **do not** take your dose the **morning of** the procedure.
 - If you take **Insulin**, please call your prescribing doctor for further instructions.
- **Prescription Medications** may be taken the morning of your procedure, at least three hours prior to your arrival time with as little water as possible.

Procedure Preparation

PLEASE FOLLOW COLONOSCOPY PREPARATION INSTRUCTIONS included with this letter.

- **Arrange for a ride home.**
- A responsible adult will need to pick you up in our Center **2 hours** after your **scheduled arrival time. Uber, Lyft or a taxi is allowed only if a responsible friend or family member accompanies you.**
- After sedation, you may **not** drive for the remainder of the day. Do not plan to work or perform work related tasks for the rest of the day due to the lasting effects of the sedation.

We hope this information has been helpful. Be sure to read the rest of the information in this packet. If you have any questions, please call 781-453-7850.